

When You Need Help Now

Whether you or a loved one is struggling with mental health or addiction, or is simply wanting to improve your overall health, let Signature Health's expert team help – with a treatment plan and support that is tailored to each patient's goals.

Getting Help, Made Easier

The decision to improve your health is a huge step, and Signature Health makes it easy for you to get the care you need through:

- Walk-in hours for new patient assessments
- Evening appointments
- Virtual video appointments
- On-site pharmacies with free mailing and delivery
- Transportation help
- Help getting insurance
- Quick lab results
- An access program for urgent psychiatry needs

We provide a variety of services, so you can take care of both your mental health and physical health – all at the same place with approachable health care providers.

We are accepting new patients. To make an appointment, call **440-578-8200**.

To make a referral, call **440-578-8211** or visit our website for a faxable form.

Outpatient Care Locations

Ashtabula

4726 Main Ave.
Ashtabula, OH, 44004
(440) 992-8552

Sexual and Reproductive Health Services

510 W 44th St., Ste. 2
Ashtabula, OH, 44004
(440) 992-5953

**Moving soon to the Ashtabula Office at 4726 Main Ave.*

Beachwood

24200 Chagrin Blvd.
Beachwood, OH, 44122
(216) 831-6466

Lakewood

14701 Detroit Ave., 6th Floor
Lakewood, OH, 44107
(216) 766-6080

Maple Heights

21100 Southgate Park Blvd.
Maple Heights, OH, 44137
(216) 663-6100

Painesville

54 S. State St.
Painesville, OH, 44077
(440) 853-1501

Willoughby

38876 Mentor Ave.
Willoughby, OH, 44094
(440) 953-9999

For hours of operation and services available by location, visit SignatureHealth.org

Residential Care Locations

Bridgeview Manor

4428 Collins Blvd.
Ashtabula, OH, 44004
(440) 992-6600

C.H. Everett Clinic

7621 Mentor Ave.
Mentor, OH 44060
(440) 571-5520

ORCA House

3001 Prospect Ave. E
Cleveland, OH 44115
(216) 231-3772

Roberto Flores Home

25540 Euclid Ave.
Euclid, OH, 44117
(216) 417-2068



Signature
HEALTH

Accessible Care for Your Mental and Physical Health

Serving all ages with locations in Cuyahoga, Lake and Ashtabula counties



Supporting Your Mental and Emotional Health

Now more than ever, working with a mental health professional could have a positive impact on your life and relationships.

Signature Health's caregivers listen nonjudgmentally and work with you to build a road map to where you want to be.

We offer comprehensive approaches — including medication therapy and talk therapy — to treat these behavioral health issues and many more:

- Anxiety
- Depression
- ADD or ADHD
- Bipolar disorder
- Schizophrenia
- Grief
- Addiction to drugs or alcohol
- Trauma
- Obsessive compulsive disorder (OCD)
- Problem gambling disorder

What to Expect

New patients go through an intake process. Anyone needing mental health and/or addiction recovery services first completes a 90-minute assessment appointment. This can be done in person or virtually to inform your treatment plan and care team.

A Care Team Built for You

Depending on your care plan, your team could include:

- Counselor
- Psychiatry provider
- Addiction medicine provider
- Primary care provider
- Infectious disease provider
- Nurse
- Case manager
- Peer support specialist
- Pharmacist
- Patient navigator provider



Determining Care That's Right for You

There are a variety of recovery approaches you can consider on your journey. Your treatment plan may include one or more of these services:

- **One-on-one** counseling (children and adults)
- **Couples/marriage** counseling
- **Family** counseling
- **Group** counseling
- **Psychiatry** (children and adults)
- **Art therapy**
- **Anger management**
- **EMDR** (Eye Movement Desensitization and Reprocessing) for treating PTSD or trauma
- **Case management**, to help navigate everyday life and make sure your basic needs are met (e.g. enough food, housing, clothing, etc.)
- Partial hospitalization programs (**PHP**)
- Intensive outpatient programs (**IOP**)
- Medication-Assisted Treatment (**MAT**) for opioid or alcohol use disorder
- **Peer support**

Many Signature Health patients have what's known as a dual diagnosis, meaning they receive treatment for both a mental health condition and substance use disorder (SUD).

Medical Care for Your Physical Health and Wellness

Patients can receive primary care or infectious disease services without receiving behavioral health services.

Primary Care

Our providers care for patients of all ages, from newborns to seniors:

- Annual well exams
- Prevention/management of conditions like high blood pressure and diabetes
- Vaccinations and screenings
- Treatment of illnesses or injuries
- Sports physicals
- Women's and reproductive health
- Sexual health

Infectious Disease

- Education, screenings and treatment for hepatitis, HIV, and sexually transmitted infections (STIs)
- HIV prevention (PrEP and PEP)

Paying for Care

Signature Health primarily serves Medicaid, Medicare and uninsured patients, regardless of ability to pay. We offer a sliding fee scale program, which means the cost for services could be as low as \$0, \$5, \$10 or \$20, depending on household income and size. Our financial specialists also can help get eligible patients signed up for Medicaid coverage.

Private insurance is accepted only in some cases when patients receive grant-supported sexual and reproductive health services.



Visit us at SignatureHealth.org